

How to develop Immune system function

## Description



Do not spend the  
winter sick.

### Prepare Now for Cold and Flu Season

## How to Develop and Maintain a Healthy Immune System Function

**NutriFeron** – One of the most powerful formulas ever developed for strengthening the **immune system**. Its unique, synergistic blend of plant extracts including pumpkin seeds, plantago seeds, safflower flowers and Japanese honeysuckle flower buds, can be taken daily preventatively. But if you feel you are starting to come down with a virus up to 6 per day has been shown to be very effective at heading off an infection.

- Supports and stimulates the *healthy immune system*, by increasing the activity of macrophages and inducing natural interferon production
  - Optimizes immune response against environmental irritants and airborne substances (as with allergies, asthma)
- 20962 60 caplets Retail \$45.90 MP \$39.00  
59193 Share It Pack (4 bottles) Retail \$165.24 MP \$140.40 Save 10%

How many do you have to eat to stay healthy?

**Sustained Release Vita-C®, 500 mg.** – Only all natural sustained release C with no shellac. Antioxidant property protects the body against free radicals. Boosts the healthy immune system, infection fighter, natural antihistamine, increases the resistance to

ligament and tendon injury. Vitamin C is depleted by stress such as infections, illness, fatigue, surgery, anxiety, pollution and extremes in temperature. As we age, there is a greater need to regenerate collagen, which requires more vitamin C.

20095 180 tablets Retail \$25.50 MP \$21.70

[Defend & Resist Complex \(Echinacea\)](#) – Keep in medicine chest and take when you feel you are coming down with something. Has become the most prominent herb used in the United States and Europe. Activates the **healthy immune system**, promotes production of white blood cells, enhances resistance to infection, viral and bacterial, especially flu and herpes; reduces mucus. Works best when started at the onset of cold or flu symptoms. Can be used effectively for up to 10 days at a time. In addition, larch tree extract and elderberry surround viruses and prevent them from reproducing.

20613 90 tablets Retail \$20.35 MP \$ 17.30

[Garlic Complex-](#) Natural decongestant and natural antibiotic. Shaklee's Garlic Complex has a two-way odor control with a gentle, temperature-controlled drying process and a pleasant blend of spearmint and rosemary extracts to maintain high potency. Historically, has been used for congestion, asthma, sinusitis and allergies, colds, flu and pneumonia, sore throat and bronchitis. Has anti-fungal and anti-bacterial properties and is effective against yeast infections (Candida). Nature's strongest natural antibiotic.

20084 240 tablets Retail \$41.80 MP \$35.55

### **Susan Knott and Son Riley Knott Story**

Susan Knott and her son, Riley, suffered from allergies for many years. Their symptoms were most severe during spring and fall allergy seasons, but as time went on, they needed to be on the medications all year long.

Riley's symptoms were the most severe with constant sinus congestion, red itchy swollen eyes and nose, feeling miserable. Even after 2 ½ years of allergy shots, he still required Zyrtec and Nasonex nasal spray. They helped diminish some symptoms so they were manageable, but he never felt allergy-free.

Susan was introduced to the Shaklee products that help strengthen the immune system 3 years ago in late January. She and Riley, 16 years old, began with:

Optiflora Probiotic Capsule (because 70% of the immune system is in the gut)

Vita Lea Multi

Vita C Sustained Release — 2 to 4/ day

Nutriferon (4 herbal extracts that help the body produce a key component of the immune system (interferon) naturally — 2 to 4/ day

Within 6 to 8 weeks, Susan was so much improved that she was able to stop her allergy medication completely...

Riley, whose condition was more severe, took 3 to 4 months before symptoms subsided and he was able to eliminate the medications. Both Susan and Riley were able to reduce the number of supplement tablets as their healthy immune systems got stronger. Today during allergy season, if symptoms return, Susan and Riley simply increase their vitamin levels and add Shaklee Premium Garlic and Alfalfa.

Call today to get started on your anti-cold program *or* go on line and order.

[www.HiHohealth.com](http://www.HiHohealth.com)

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**Date Created**

October 16, 2013

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