

Gifts for health

## Description

### Gift Ideas for a Healthy Life

Here is a suggestion list of beautiful ways to remember someone's birthday, anniversary, special achievement or goal with a simple gift for a healthy life. Your friends and family will know how much you care when you give one of these *gifts for health*.

#### TO SLIP IN WITH A CARD

\*[180 Pomegranate Tea Stick\(s\)](#) with a **Girardelli Chocolate Square** with a little note to "enjoy this gift of energy" and to "remember to enjoy all antioxidants all year-long."

\*[Energy Chew\(s\)](#) with a little note to "enjoy the energizing treat of Olympians."

\*[180 Drink Mix Packet](#) with a little note "a gift of healthy fast food this busy season."

#### FOR GUYS

\*[Performance Sports Drink](#) (Orange or Lemon-Lime), [180 Snack Bars](#), and **Joint & Muscle Pain Cream** along with a sports bottle, football, soccer ball, a signed ball or signed photograph.

\***180 Snack Crisps (Sea Salt or Barbecue or both)** in a basket circled with ribbon along with some movies or a subscription to NetFlix, etc.

\*[Basic-H2](#) with a sponge in a bucket filled with car magazines. Add [Scour Off Paste](#) for the tires and tough spots.

\*[\*\*ENFUSELLE Sun Screen\*\*](#), **Performance Sports Drink** (Orange or Lemon-Lime), and **ENERGY CHEWS** with golf stuff, ball, gym bag, etc.

\*[\*\*180 Meal Bars\*\*](#) with brochures for hiking trails, bike routes, fishing holes, etc.

## FOR GALS

\*[\*\*ENFUSELLE Anti-Aging Skin Care collection\*\*](#) with a lighted makeup mirror.

\*[\*\*Cocoa Meal Shake\*\*](#) or [\*\*180 Chocolate Shake Mix Canister\*\*](#) or **Packets** for healthy hot chocolate snacks along with a warm hat, scarf, and gloves.

\*[\*\*Herbal Blend Multi-Purpose Cream\*\*](#) with some nice slippers and/or cute designer sox. Include a note about how the cream soothes sore tootsies year round. You can even refrigerate it to cool feet in summer.

\*[\*\*MB Cleansing Bar\*\*](#) and [\*\*Hand & Body Lotion\*\*](#) wrapped with a pretty ceramic soap dish and colorful bath accessories.

\*[\*\*ENFUSELLE Infusing Mineral Masque\*\*](#) and [\*\*Skin Polisher\*\*](#) with a silky robe, one in each pocket.

\*[\*\*ENFUSELLE C+E Repair\*\*](#) in a chic black matte cosmetic clutch with a designer mirror.

\*[\*\*ENFUSELLE AM Repair\*\*](#) with a beautiful scarf in a gold organza bag.

## FOR NEIGHBORS, COWORKERS

\*[\*\*Cocoa Energizing Soy Protein\*\*](#) with the recipe for cocoa soy-peanut butter “energy balls” and a festive container full of them. Or [\*\*Instant Protein\*\*](#) with a container of fruit or chocolate dessert bars made with it and the recipes.

\***Travel Bag filled with ENFUSELLE Products** along with travel magazines and/or a video of a fun destination.

\***Chewable C** and/or **ENERGY CHEWS** in a beautiful candy dish wrapped with a big bow.

\***Instant Protein Soy Mix** with pumpkin bread or cranberry/orange bread you've made, using it as an ingredient, along with the recipe.

\***180 Tea** with a cute teapot and tea cozy or **180 Cafe latte** with cool coffee mugs.

### STOCKING STUFFERS

\***MB Cleansing Bar** sewn into satin material and decorated as a drawer sachet, or wrapped in a pretty handkerchief tied with a velvet ribbon.

\***Joint & Muscle Pain Cream** with a tag wishing them many nights of perfect sleep!

\***Toffee & Chocolate Crunch Snack Bar** wrapped with a ribbon.

### FOR YOUNG PARENTS AND KIDS

\***Basic-H2 Organic Super Cleaning Wipes** and **Germ Off Wipes** with some fun tub toys, or a set of baby clothes, blanket, etc. (Include info why these products are safer for baby and the whole family.)



germicidal wipes

\***MIGHTY SMART “Smart Candy”** with books and fun pens for a grade schooler.

\***Vita-Lea**, **Meal Shake** and a **SHAKLEE Shaker** with a fun wake-up alarm clock.

### FOR SERVICE PROVIDERS

\***180 Snack Bars** wrapped in a see-through colorful net and tied with ribbon

\***ENFUSELLE Shower Gel**, **ENFUSELLE Hand & Body Lotion**, and **Bath Sponge** in a pretty shower caddy or with a set of monogrammed towels.

\***Basic-H2 Sample** rolled in the sheet called “How to Use This Little Bottle of Basic-H2,” tied at each end with festive ribbon with a card that says, “My gift to you is a gift to the Earth, too! Enjoy!”

\***Chewy Apple Cinnamon Bars** with some polished apples in a festive box or basket.

### FOR MOM, GRANDMOM, AUNTS

\***Joint & Muscle Pain Relief Cream** with a microwaveable comfort pillow.

\***180 Tea** with a cookbook of decadent gluten-free desserts.

- \*[ENFUSELLE Firming Serum](#) with a pretty scarf, or jewelry, or designer shades.
- \*[180 Snack Crisps](#) (**Sea Salt or Barbecue or both**) in a basket circled with ribbon along with gourmet soup makings and a cookbook.
- \*[Get Clean Pitcher](#) (possibly with a year's supply of filters) with a set of fashionable drinking glasses, ice trays, fresh lemons.
- \***CorEnergy and B-Complex** with boxes of various kinds of teas and a mug.
- \***Instant Protein Soy Mix** with recipes for fish batter, muffins, etc.
- \***Instant Protein Soy Mix** with recipes and colorful baking pans and utensils.
- \*[Menopause Balance Complex](#) with a box of chocolates.

### FOR DAD, GRANDDAD, UNCLES

- \*A bottle of [VIVIX](#) with a bow and a nice calendar with a message about having a “youthful” year.
- \*[Vitalizer](#) with a picture of the kids or grandkids or great grandkids. And add **ENERGY CHEWS** with a gift of gym membership.
- \***Herbal Blend Multi-Purpose Cream** with some nice slippers. Include a note about how the cream soothes sore tootsies year round—refrigerate it to cool in summer.
- \*[NUTRIFERON](#) with ear muffs and **HAND & BODY LOTION**.

### UNIQUE GIFTS

- \*[Stress Relief Complex](#) with tickets to something fun for “stress relief” or add **VITALIZER** with a map and a shaving kit or cosmetic bag for traveling.
- \*[EZGEST](#) and [Stomach Soothing Complex](#) with a coupon for a supply of ice cream for

someone who usually can't eat it or with a coupon for dinner out at a restaurant known for 4 Alarm chili, or Mexican food, or spicy Indian cuisine, etc.

\***SHAKLEE Sun Screen SPF 30** with sun hat, ball cap, sunglasses, or picnic basket.

\*[180 Turnaround Kit](#) or [Lean & Healthy Kit](#) to start the new year right, along with a funky calendar, and a coupon for a shopping spree for clothes in 90 days.

\***Orange and Lemon-Lime Performance Drink Canisters** with a walking audio like Dr. Weil's. (Remember that mixing the two flavors gives you a tropical flavor!)

\*[Ultra Moisturizing Shea Butter Cream](#) with gift of a massage.

\*[Fresh Laundry Concentrate](#) & [Soft Fabric Concentrate](#) with some luxurious towels.

\***Performance** with gardening things like a hat, cotton gloves, and/or kneeling pad. You could add **Joint & Muscle Pain Cream**, and **Basic-H2** as a safe bug repellent, an invisible glove, as fertilizer, and more.

\*[PHYSIQUE Recovery Drink](#) and [Joint Health Complex](#) with a jump rope or exercise DVD for someone making new year resolutions.

\*[ProSanté Hair Care System](#) with a really nice brush and hair things, along with info about how hair will stop falling out.

\***SHAKLEE First Aid Kit** or **SHAKLEE "Non-Medicine" Cabinet** in a pretty basket. Choose any combination of the following or the Packages below.

### FROM THE ALPHABETICAL TABLES BELOW, CREATE:

**A COLDS & FLU PACKAGE (about \$239)** Alfalfa, Defend & Resist, Extra Vita-Lea without Iron, Garlic, GERM OFF Wipes, Liqui-Lea, Optiflora Pro-biotic, Performance Lemon Lime, Performance Orange, Vita-C Chewable, Vita-C Tablet, Vitamin D3, Zinc.

<a href="#">Alfalfa Complex</a>
<a href="#">Defend &amp; Resist</a>
<a href="#">Extra Vita-Lea without Iron</a>

<a href="#">EZGest</a>
<a href="#">Garlic</a>
<a href="#">Gentle Sleep Complex</a>
<a href="#">GERM OFF Wipes</a>
<a href="#">Herb-Lax</a>
<a href="#">Joint &amp; Muscle Pain Relief Cream</a>
<a href="#">Vita Lea Plus Iron</a>
<a href="#">Multi-Purpose Cream</a>
<a href="#">Nutriferon</a>
<a href="#">OPTIFLORA Pre- and Pro-biotic</a>
<a href="#">Pain Relief Complex</a>
<a href="#">Performance Lemon/Lime</a>
<a href="#">Performance Orange</a>
<a href="#">PHYSIQUE</a>
<a href="#">Stomach Soothing Complex</a>
<a href="#">Vita-C Chewable</a>
<a href="#">Vita-C Tablet</a>
<a href="#">Vitamin D3</a>
<a href="#">Zinc</a>

**AN ACHEY BREAKY EMERGENCY PACKAGE (about \$265)** EZGest, Gentle Sleep Complex, GERM OFF Wipes, Herb-Lax, Joint & Muscle Pain Cream, Joint Health Complex, Multi-Purpose Cream, Pain Relief Complex, Performance Lemon Lime, Performance Orange, PHYSIQUE, Stomach Soothing Complex, Vitamin D3, Zinc.

Feel good about the gift you give when you give a gift for health.



## Category

1. Be Well health tips

## Tags

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